For if an alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead. *~Bill's Story*

… I soon found that when all other measures failed, work with another alcoholic would save the day. Many times I have gone to my old hospital in despair. On talking to a man there, I would be amazingly lifted up and set on my feet. It is a design for living that works in rough going. *~Bill's Story*

Our very lives, as ex-problem drinkers, depend upon our constant thought of others and how we may help meet their needs. *~There is a Solution*
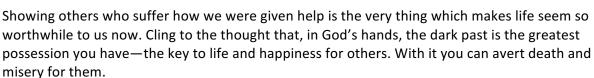
Our real purpose is to fit ourselves to be of maximum service to God and the people about us. *~Into Action*

No matter how far down the scale we have gone, we will see how our experience can benefit others. *~Into Action*

PRACTICAL EXPERIENCE shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. *~Working With Others*

Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends—this is an experience you must not miss. Frequent contact with newcomers and with each other is the bright spot of our lives. *~Working With Others*

Your job now is to be at the place where you may be of maximum helpfulness to others. *~Working With Others*

Showing others who suffer how we were given help is the very thing which makes life seem so worthwhile to us now. Cling to the thought that, in God's hands, the dark past is the greatest possession you have—the key to life and happiness for others. With it you can avert death and misery for them.
~The Family Afterwards

Though they knew they must help other alcoholics if they would remain sober, that motive became secondary. It was transcended by the happiness they found in giving themselves for others.
~A Vision For You

I have something to contribute to humanity, since I am peculiarly qualified, as a fellow-sufferer, to give aid and comfort to those who have stumbled and fallen over this business of meeting life. I get my greatest thrill of accomplishment from the knowledge that I have played a part in the new happiness achieved by countless others like myself. *~Women Suffer Too*